

Role Profile

A Post Details	
Job Title: Personal Safety Training Instructor	Grade: PC
Department: L&D	Division: A
Reports to: PST Team Leader	Contract Type: Perm
Level of Vetting: Baseline	Numbers in Post: N/A
B Purpose of the Post	
<p>The post exists to support the delivery of Personal Safety Training to ensure that Area, Regional and Force-wide objectives are met.</p>	
C Dimensions of the Post	
<p>N/A</p>	
D Principal Accountabilities	
<ul style="list-style-type: none"> Preparation and delivery of a variety of Personal Safety Training programmes as directed by the Personal Safety Training Manager. Conduct Job Related Fitness Tests as required Support the design, development and review of training programmes as required. Undertake train the trainer courses for any new programmes as required. Maintain personal operational skills by participating in front-line operations as and when directed/required to do so. Maintaining qualifications and personal skills by participating in CPD events as and when directed to do so. Provide resilience to other L&D training teams as required Any other L&D activities or projects that are identified as commensurate to the role. Where the post exists to provide Initial PST as part of the Recruit Training Programme, trainers will be required to deliver First Aid Training – Module 2 (training will be provided if needed) 	

E Essential Criteria

Role specific Criteria:

- Already completed an Internal PST Instructors course
- Current experience delivering Personal Safety Training, with a current training delivery log and an up to date Continued Professional Development (CPD) log
- Current First Aid at Work Certificate or willingness to complete
- Level 2 Gym Instructor Qualification (or equivalent) or willingness to complete
- Successful completion of Training Essentials Programme or willingness to complete
- Level 4 Training qualification or willingness to work towards
- Assessors Qualification (A1, CAVA, AVRA etc.) or willingness to complete
- Working experience of maintaining accurate records and conducting risk assessments and accident reporting.
- Instructional/coaching skills with a strong emphasis on progression and regression for individuals within a group setting.

Desirable

- Level 5 Training qualification
- Assessor qualification

F Additional Information

Travel and overnight stays will be required as part of this role to deliver training regionally
Weekend work will be required as part of this role to deliver training

For Panel to complete only:

Line Manager Approval:

Date:11/12/2025